To: Pete

From: Stefan

Subject: Afraid to fly!

Hi Pete,

Thanks for the email with your news. Now here's my news. Check this out: I'm going to stay with my cousins in Colorado this summer. I'm going with my parents, and the idea is that we'll all go camping together. It's really exciting, but the problem is that we're flying there ☹! I've never been on a plane before, and the truth is, I'm really worried about flying. I don't know what to do! When I think about getting on a plane, I feel tense and start sweating. It's embarrassing. Listen to this: I had to tell my mom, and she said it's just like going on a bus. She told me not to worry. Not very helpful! I want to go by car, but that will take four days. And so, the fact is, I might not go at all because I'm terrified of planes. What do you think I should do?

Sincerely,

Stefan